

To Everything There is a Season

Good Luck Lois

For over 15 years, I have had the honor of working in an institution whose mission of support, care, and choice is parallel to my own. I want to thank all the Board members and other community volunteers for their commitment and work both behind the scene and in front of it. I have had the privilege of incredible coworkers who exhibit professionalism and humor, love and energy, and all kinds of support for each other and our clients. Thank you, Missoula community, for the last 30 years!



Brittany:

Brittany began at BMC as an Abortion Peer Counselor and has recently expanded her responsibilities as the Outreach and Education Coordinator. She has always been a devoted feminist, pro-choice, and gender justice activist and feels privileged to work at BMC. Brittany is committed to the empowerment, education, and leadership development within the Missoula community, especially its youth and believes that the best decisions are made with knowledge of all the options.



BMC Services

- Family Practice/ Primary Care
- Mamas and Babies
- Mental Health Care
- Men's Health
- Vasectomy
- Pediatrics
- Abortion Care
- Transgender Care
- Reproductive and Sexual Health

A warm welcome to:

Trinda:

Trinda joined the Blue Mountain Clinic team as the Advancement Director in November of 2014. She has been a patient and advocate of the clinic for many years. Trinda had the privilege of serving as a member of the Blue Mountain Clinic Board of Directors from 2011-14 She looks forward to working in an organization where she has the opportunity to make a positive change in the world.



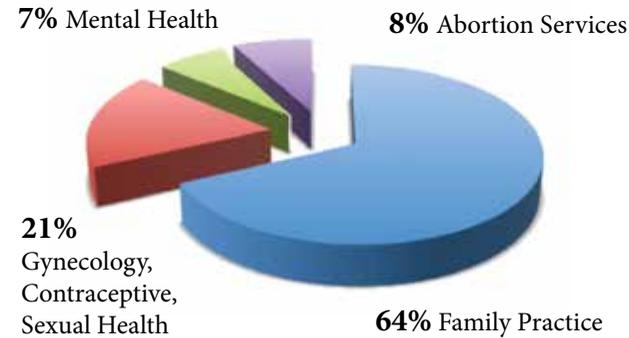
Ashley:

Ashley is a Licensed Clinical Social Worker who joined BMC clinical staff in November 2014 as a Mental Health Counselor. She has experience working with youth, families, and adults



in both home and office settings. Ashley's therapeutic approach to mental health care is based on empowering individuals to make the changes they desire while building the skills to do so successfully. Ashley's approach is holistic, and incorporates different modalities including yoga and mindfulness techniques.

Client Services Annual Breakdown



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Hours: Monday, Tuesday & Thursday: 9am - 6pm
Wednesday: 9am - 5pm • Friday: 8am - 1pm

www.BlueMountainClinic.org

Save the Date for Off the Rack 2015

February 21st, 2015 at the Historic Wilma Theatre! This year we're bringing it back to our roots! We're Bring Sexy Back Baby!!



2014 the Clinic in Review



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State of Affairs

This past March, Susan Cahill's clinic in Kalispell, All Families Healthcare, was vandalized beyond repair. This eliminated a clinic in the Flathead Valley that provided primary care as well as abortion services and as a result, displaced many families and their health care needs. Blue Mountain Clinic has welcomed many of their patients and has become the only clinic consistently providing abortion services in the state of Montana. Furthermore, the sparseness of reproductive services throughout Idaho, Wyoming and the Dakotas has forced patients to travel great distances to access healthcare at BMC. In the last year we have provided countless women with gas cards, financial assistance for birth control, emergency contraception, additional travel expenses and much needed help toward the cost of the abortion procedure itself. This wouldn't be possible without donations made directly to the *Blue Mountain Clinic Access Fund*. **The need to provide financial assistance to our clients will continue to increase as access to abortion services are eliminated throughout the area.**

Founding Mother's Vision

Since its inception, Blue Mountain Clinic has been an independent, 501 c 3 non-profit organization. We receive no government funding and therefore our clinic is not eligible for government subsidized programs that offer amenities like discounted birth control, sliding fee scales, and large government grants. While these programs provide much needed healthcare services and benefits, it is with much federal oversight and regulation. BMC does not want federal regulations to influence or limit the quality and kinds of care we provide our patients. We find that as an independent clinic, we are privileged to participate in patient care in a unique and personalized fashion; nurturing and advocating for our patients in a way that is often absent with bigger corporate healthcare models.



Legislative Session

As we prepare for the 2015 legislative session, we are reminded of our vision that family practice includes all aspects of care. In 2014 several clinics throughout the US were forced to close due to anti-choice legislation. Over two-thirds of Texas' clinics were forced to close, and employers were allowed to choose whether they would cover contraceptives in the hobby lobby fiasco. After this past mid-term election, we are faced with the reality of an anti-choice dominated House and Senate. **This is where we will look to our supporters to assist in travel funds so that our collective voice can be heard in Helena**

Financial Snapshot

Prior to the fire in 1993 that devastated the BMC building; our clinic was fully self-sustaining and able to cover operating costs through revenue from patient services alone. Construction of a new building was a major financial set-back that required financial restructuring in order to move forward and keep our clinic doors open. It has always been our goal to reach that same financial sustainability prior to the fire and we are well on our way! Currently our annual operating budget is close to \$1.5 million and we're proud to report that a vast majority of that budget is still covered by the revenue of patient services. Blue Mountain Clinic has also developed new and innovative ways to achieve financial stability during growth. We have expanded our services to include non-surgical Vasectomy, Nexplanon and IUD insertion, and cervical cancer care such as LEEP and Cryosurgical procedures. These services are not only necessary for our patients but provide additional sources of funding.

Education and Outreach



Residency Program:

BMC is in its second year of training resident doctors from Western Montana Family Medicine Residency Program primarily in OBGYN focused areas. We feel it is of the utmost

importance to train Montana's future doctors within the guise of our patient-centered, choice based model of family practice/primary care. This kind of training is essential in ensuring that future doctors in Montana will be able to provide exceptional, well-rounded care in rural areas.

Blue Mountain Clinic continues to develop our unique and holistic sexual education curriculum that aligns with choice and stems from a "sex positive" perspective. This project is being organized by our Outreach and Education Coordinator, Brittany Salley-Rains and we anticipate the implementation of this program in 2015 in coalition with Missoula schools. **This is where we will look to our supporters to assist in helping to fund our education and outreach efforts.**

"I choose Blue Mountain Clinic as my primary care provider for a number of reasons. First and foremost, Dr Ravitz has proven over the years to be a dedicated, insightful and compassionate physician, and to have that much confidence in a primary doctor is an immeasurable value.

Secondly, the staff is friendly, polite and discrete. And from a financial standpoint, the clinic's charges are always reasonable, as are their payment policies. The clinic has earned my trust for all those reasons, but my loyalty is in no small measure derived from the satisfaction I receive by supporting an institution that provides such crucial services to the community. Blue Mountain Clinic's advocacy for women's health - and rights - makes their physicians and staff an indispensable resource for all of western Montana."

Nick Davis
Missoula, MT

Looking to the Future

In 2015 we will celebrate the 20th Anniversary of our current location and are excited to pay off the remaining balance of our building loan. Although we are excited about this celebration, we are reminded that we need to stay on top of our building maintenance to guarantee its longevity. Systems that were installed 20 years ago need to be replaced and upgraded. It is inevitable that we will be in need of a new HVAC system, more space, upgraded computer systems, and replacement of medical equipment as it becomes outdated or unusable. **This is where we will look to our supporters to assist in these much needed upgrades**

The Roxy Theater and BMC Present

Vessel - Jan 22, 2015

Vessel begins with a young doctor who lived by the sea, and an unlikely idea. Rebecca Gomperts, horrified by the realities created by anti-abortion law around the world, felt compelled to challenge this. Her method: to provide abortions on a ship in offshore waters.



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